

Body Care Course Outlines

| Course | Content | Weeks | Price |
|---|--|--------------|-----------------|
| 1) Esthetic Skin Care | <ol style="list-style-type: none"> 1. Sanitation and Sterilization 2. Common Skin Disorders 3. General Chemistry Product Knowledge 4. How to Develop a Skin Analysis Chart 5. Laws, Rules and Regulations of the Practice | 8 | \$ 1500. |
| 2) Make-up Art | <ol style="list-style-type: none"> 1. Client Consultation 2. Eyelash and Eyebrow Tinting 3. Eyebrow Shaping 4. Make-up for Black and White Photography 5. Make-up for Colour Photography 6. Film and Video Make-up 7. Glamour Make-up: Day and Evening 8. Make-up for the Caree/Professional 9. Corrective and Enhancement Make-up 10. Facial Contouring and Highlighting 11. Eye Creations / Applications 12. Mature Make-up (40+) 13. Runway / Fashion Show Make-up 14. Creating a Portfolio 15. Self Promotion as a Make-up Artist 16. Learning how to work with Photographers | 8 | \$ 1500. |
| 3) Body Care Massage | <ol style="list-style-type: none"> 1. Client Consultation 2. Taking the Client's Pulse in order to administer proper Massage Application 3. Petrissage (kneading movement) 4. Friction (pressure stroking movement) 5. Tapping (slapping, hacking movement) 6. Effleurage (slow rhythmic movement) 7. Sensory (light rhythmic stroking movement) 8. Vibrations (shaking movement) 9. Trigger (accu-pressure movement) | 8 | \$ 1500. |
| 4) Losing Weight & | <ol style="list-style-type: none"> 1. ???? 2. ???? | 4 | \$ 750. |
| 5) Nail Technology | <ol style="list-style-type: none"> 1. Safety 2. Nail Product Chemistry Simplified 3. Nail Disorders 4. Manicuring 5. Pedicuring 6. Nail Tips 7. Nail Wraps 8. Acrylic Nails | 10 | \$ 1900. |
| 6) Foot Care / Reflexology | <ol style="list-style-type: none"> 1. Safety | 8 | \$ 1500. |
| 7) Shiatsu / Acupressure / TuiNa | <ol style="list-style-type: none"> 1. Oriental Body Work Practitioner Course Students will receive a TCMP Certificate Students will receive a TCMP Certificate (Tradional Chinese Medicine Practitioner) certified under the Professional Association | 1200 Hrs | \$ 4500. |
| 8) Waxing | | | \$ 680. |

For more information regarding our course availability please call: 416-443-1688 or 416-889-3303

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